

1-3 BUSINESS DAYS PRIOR TO SURGERY

A staff member at Glendive Medical Center will call you to confirm your procedure and surgery date. They will give you your arrival time and your scheduled time of surgery. If you have not received a call by 2 p.m. the day before your surgery, please contact us at 345-3345.

PARENTS AND GUARDIANS OF MINORS SHOULD...

- Be present with patient at arrival time to sign paperwork.
- Remain in the facility during their entire visit.
- Bring a copy of the guardianship papers, if needed, for the chart.

NOTIFY YOUR DOCTOR OR HEALTHCARE PROFESSIONAL IF...

- You are taking medication for high blood pressure, anticoagulant (blood thinning), diabetes or a nervous disorder.
- You develop a cold, fever, respiratory infection, or other illness prior to surgery.
- Women should inform their surgeon if they think they may be pregnant.

IMPORTANT TELEPHONE NUMBERS

**Glendive Medical Center
Surgical Center**
406-345-3345

Glendive Medical Center
406-345-3306

Gabert Clinic
406-345-8901

**Gabert Clinic
Surgery/Orthopedics Receptionist**
406-345-8925



GO CLEAR AWARD™
Surgical Smoke-Free Recognition Program
GOLD LEVEL



**Glendive
Medical
Center**

Glendive Medical Center Surgery



GMC is committed to providing you with a safe and positive surgical experience. We will do everything we can to make your visit comfortable, pleasant and informative, because your patient experience matters.

THE DAY BEFORE YOUR SURGERY

- Do not eat or drink anything after midnight the night before your surgery. (The only exception is if you are directed to eat or drink by your doctor.) Food in your stomach can cause serious complications during surgery. Consequently, eating or drinking could cause your surgery to be canceled or postponed.
- Please refrain chewing gums or mints prior to coming in.
- Avoid alcohol and tobacco 24 hours prior to your surgery.
- Remove nail polish before your surgery.
- Leave expensive jewelry and large amounts of money at home.
- Remove all body piercings,

THE MORNING OF YOUR SURGERY

- Bath or shower the morning of your surgery as we ask you to not use hair spray, body lotion, or apply makeup (especially mascara or lipstick). If you shampoo your hair, be sure it is dry.
- Wear loose-fitting, comfortable clothing and shoes. We will provide you with a gown.
- Plan to arrive promptly to allow adequate time for admission procedures.
- Bring a storage case for glasses, contact lenses, dentures, and/or a hearing aid.
- If you take medication on a daily basis, remember to bring it in the original bottle.
- Bring medical information such as insurance forms, medical cards, payment, and any pertinent test results.
- If you use C-PAP or Bi-PAP, please bring your machine with you.

WHEN YOU ARRIVE FOR YOUR SURGERY

- Plan to arrive at the surgery center on time as you need to fill out paperwork such as a surgical consent form.
- A member of the anesthesia team will visit with you to discuss the type of anesthesia you will be given. An adult member of your family or a friend may wait with you until your surgery begins.
- You may be asked to come a couple hours before your surgery. You may also have a delay in your surgery depending on if your surgeon's previous surgery runs longer than anticipated. Please bring material to keep yourself occupied.

FOLLOWING YOUR SURGERY

After surgery, your surgeon will inform you of what you need to eat and drink, your activity restrictions and medication instructions. Of course, if you have any questions regarding your postoperative recovery, you are encouraged to contact your surgeon.

FOR 24 HOURS AFTER YOUR SURGERY, ADHERE TO THE FOLLOWING:

- Do not drive, sign important papers, or make critical decisions.
- You must have a family member or friend drive you home after surgery.
- Do not operate machinery, power tools, or appliances.
- Do not drink alcoholic beverages.

